



## CASE STUDY

Teen Health & Wellness  
real life • real answers

### » At a Glance

- **Students Served:**  
132,000
- **Education Facilities:** 118 elementary, 24 middle, 29 high, 35 charter, and 15 atypical or alternative schools.
- San Diego Unified School District (SDUSD) is the second largest district in California and eighth largest urban district in the United States.

“For 21st century users, content is critical but it must be timely and student focused if we expect teens to read it. The interactive features of Teen Health and Wellness make the content more accessible and user friendly.”

–Dr. Darlene Bates,  
Instructional Media  
Services, Library Services  
to Schools

### About Rosen Publishing

Founded in 1950, Rosen Publishing has a long history of providing high-quality nonfiction books for children and young adults. Rosen Publishing Online continues the legacy of publishing trusted and award-winning content with Teen Health & Wellness, the critically acclaimed online database.

### » Teen Health and Wellness Story

## San Diego Unified School District, CA

### » Why Teen Health and Wellness?

“San Diego Unified School District (SDUSD) is committed to exposing students to current technology and quality content. Teen Health and Wellness supports these goals and provides access to information in a critical content area. When the database was presented to teachers, librarians and nurses they could see that this was an accurate and accessible resource for students and parents.

“In evaluating resources for teachers and students SDUSD looks for **currency, user friendliness and attractiveness**. The Teen Health and Wellness database (THW) scores high in all three areas.

- Current and accurate information in a critical needs area
- Ease of access in school or remotely from home
- Multi-use in supporting curriculum and self help

“THW provides a solid return on investment because it serves a dual purpose: it supports the curriculum and serves as a self help resource for teens and parents. Students often discover THW while working on an assignment and then continue to explore additional

topics on their own. Teachers and librarians use it for their own research as well as to teach information literacy and informed use of the web. Because the content is high quality and current, it serves as a good model for credible online information.

“School nurses play a key role in referring students to the database and help concerned parents find answers in a resource they might not have known was available. The THW content is straightforward and easily digested by teen or parent.

“We all know students might not have a parent to serve as a resource, or, in many cases, are not comfortable asking personal health questions of adults. Because THW is accessible remotely, students can find answers to sensitive and difficult questions 24/7.

“THW is current and attractively designed so kids will want to use it. It doesn't appear to be a reference work—it's just regular information. For 21st century users, content is critical but it must be timely and student focused if we expect teens to read it. The interactive features make the content accessible and user friendly.”

### FREE 30-DAY TRIAL

To sign up for a FREE 30-day trial call 877.381.6649 or visit us at [www.teenhealthandwellness.com](http://www.teenhealthandwellness.com).